

TEAM SAN DIEGO

Improving Chronic Care by Improving Care Coordination

Physicians – Medical Office Staff – Pharmacists

Social Services Personnel – Caregivers . . .

*Chronic care management **can** be effective and efficient—we'll show you how!*

Chronic Illness: An Epidemic in the Making

One in four Americans has a chronic illness demanding long-term, ongoing care. Among Americans 65 or older, 63% (more than three in five) have two or more chronic illnesses. Soon, 72 million baby boomers will be 65+, and the demand for chronic care will dramatically increase.

Challenges

Caring for those with chronic illnesses involves numerous health care and social services professionals. The patients' needs are complex, and critical decisions must be made. This involves interdisciplinary consultation and coordination. Yet, professional and staff time is limited, and costs for everyone are escalating.

A Team Approach to Care Coordination

Successful care coordination promotes patient safety, while eliminating redundancy and waste. The team approach allows health and social services professionals to manage larger patient/client loads, expect better outcomes, and exercise more effective cost control.

Physicians: Increase patient care plan compliance and improve practice-management efficiencies

Nurses, physician assistants, front office personnel, discharge planners: Focus more on patient care and less on red tape

Pharmacists: Avoid adverse drug events by improving medication management with physicians and their patients

Social workers, mental health professionals: Collaborate more effectively with healthcare professionals

Patient caregivers: Ensure provider recommendations, instructions, and courses of action are properly executed

TEAM SAN DIEGO offers:

- Online and classroom training
- Online and in-class peer-to-peer discussion forum
- Referral network for providers

Join the Team!

Register for TEAM SAN DIEGO Training

Online: extension.ucsd.edu/teamSD

Phone: (858) 534-3400

Cost: \$35 for online and classroom courses - 8 online modules, 5 hours in class

Continuing Education Credits

BRN, BBS: 13 CE hrs. (8 online, 5 in class)

Physicians: This activity has been approved for AMA PRA Category 1 Credits.

For more information

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TEAM SAN DIEGO training

Chronic care coordination is a valuable skill that can be readily learned and effectively put into practice. TEAM SAN DIEGO training will teach you proven techniques for:

- Teaming up to facilitate patient flow, improve provider/patient communication, and encourage information-sharing among providers
- Maintaining awareness of problems arising from multiple providers, treatments, and medications
- Creating treatment and care plans that foster a “whole person” perspective, incorporating environmental, societal, and cultural preferences
- Encouraging patients and caregivers to participate in decision-making, goal setting, and action planning
- Identifying problems, and providing support, for physical, cognitive, and behavioral disabilities
- Preserving patient confidentiality and rights; and recognizing, and reporting, cases of abuse
- Coping with, and finding resources for, problems specific to the San Diego chronic care community

The Team Behind TEAM SAN DIEGO

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Instructors

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